

योगः

कर्मसु

कौशलम्

Affiliation No : 531321

School No : 41303



# TAGORE

## SENIOR SECONDARY SCHOOL

### BARWA



Name \_\_\_\_\_ Admission No. \_\_\_\_\_

Class/Section \_\_\_\_\_ Roll No. \_\_\_\_\_

*Student's  
Diary*



## सरस्वती वंदना

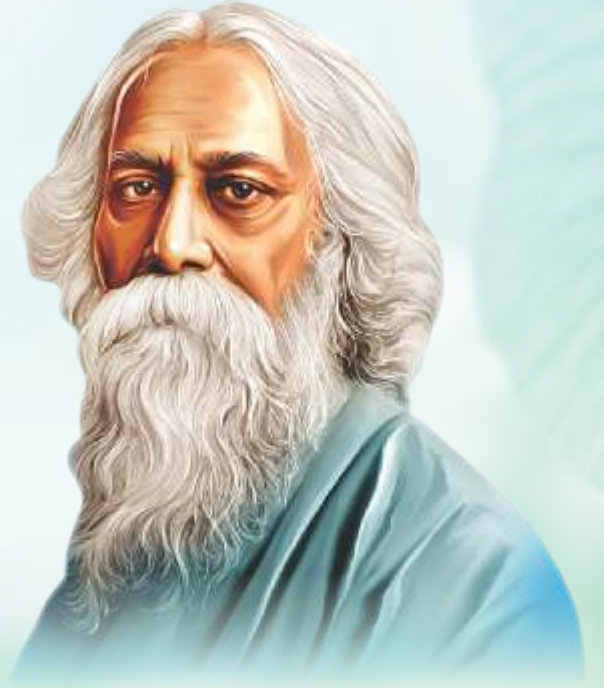


या कुन्देन्दुतुषारहारधवला या शुभ्रवस्त्रावृता ।  
या वीणावरदण्डमण्डितकरा या श्वेतपद्मासना ॥  
या ब्रह्माच्युत शंकरप्रभृतिभिर्देवैः सदा वन्दिता ।  
सा मां पातु सरस्वती भगवती निःशेषजाड्यापहा ॥1 ॥

अर्थ: जो विद्या की देवी भगवती सरस्वती कुन्द के फूल, चंद्रमा, हिमराशि और मोती के हार की तरह धवल वर्ण की हैं और जो श्वेत वस्त्र धारण करती हैं, जिनके हाथ में वीणा-दण्ड शोभायमान है, जिन्होंने श्वेत कमलों पर आसन ग्रहण किया है तथा ब्रह्मा, विष्णु एवं शंकर आदि देवताओं द्वारा जो सदा पूजित हैं, वही संपूर्ण जड़ता और अज्ञान को दूर कर देने वाली मां सरस्वती हमारी रक्षा करें।

शुक्लां ब्रह्मविचार सार परमाम् आद्यां जगद्ध्यापिनीम् ।  
वीणा-पुस्तक-धारिणीमभयदां जाड्यान्धकारापहाम् ॥  
हस्ते स्फटिकमालिकां विदधतीम् पद्मासने संस्थिताम् ।  
वन्दे तां परमेश्वरीं भगवतीं बुद्धिप्रदां शारदाम् ॥2 ॥

अर्थ: जिनका रूप श्वेत है, जो ब्रह्मविचार की परम तत्व हैं, जो सब संसार में फैले रही हैं, जो हाथों में वीणा और पुस्तक धारण किये रहती हैं, अभय देती हैं, मूर्खतारूपी अन्धकार को दूर करती हैं, हाथ में स्फटिकमणि की माला लिए रहती हैं, कमल के आसन पर विराजमान होती हैं और बुद्धि देनेवाली हैं, उन आद्या परमेश्वरी भगवती सरस्वती की मैं वन्दना करता हूँ।



## POEM



This is my prayer to thee, my lord -  
strike, strike at the root of penury in my heart.  
Give me the strength lightly  
to bear my joys and sorrows.  
Give me the strength  
to make my love fruitful in service.  
Give me the strength  
never to disown the poor  
or bend my knees before insolent might.  
Give me the strength to raise my mind  
high above daily trifles.  
And give me the strength  
to surrender my strength  
to thy will with love.

- Rabindranath Tagore  
Nobel Laureate



### PARTICULARS OF THE STUDENT

Name of the Student \_\_\_\_\_

Class & Section \_\_\_\_\_

Gender \_\_\_\_\_ Admission No. \_\_\_\_\_

Date of Birth \_\_\_\_\_ Blood Group \_\_\_\_\_

Name of Sibling in School/Class \_\_\_\_\_

Affix  
photograph  
of Student

Father's Name \_\_\_\_\_ Occupation/Designation \_\_\_\_\_

Name of the Organisation \_\_\_\_\_ Office Address \_\_\_\_\_

Phone (Office) \_\_\_\_\_

Mother's Name \_\_\_\_\_ Occupation/Designation \_\_\_\_\_

Name of the Organisation \_\_\_\_\_ Office Address \_\_\_\_\_

Phone (Office) \_\_\_\_\_

Home Address & Tel. No. \_\_\_\_\_

Mob. (Father) \_\_\_\_\_ Mob. (Mother) \_\_\_\_\_

E-mail \_\_\_\_\_ E-mail \_\_\_\_\_

Special care needed, if any (illness/allergies etc.) \_\_\_\_\_

**Transport Detail:** Route No. \_\_\_\_\_ Private Van \_\_\_\_\_ On Foot \_\_\_\_\_

In case single parent, please specify \_\_\_\_\_ Emergency Contact No. \_\_\_\_\_

Affix  
photograph  
of Father

Affix  
photograph  
of Mother

Affix  
photograph  
of Guardian

Signature (Father) \_\_\_\_\_ Signature (Mother) \_\_\_\_\_

Signature (Guardian) \_\_\_\_\_



## MY PROFILE

I'm \_\_\_\_\_ student of \_\_\_\_\_ studying at \_\_\_\_\_

I'm \_\_\_\_\_ yrs old born on \_\_\_\_\_ I hail from \_\_\_\_\_

The best two values of my family \_\_\_\_\_

And the best two values of mine \_\_\_\_\_

My family is \_\_\_\_\_ (Profession) and consists of \_\_\_\_\_

I want to be \_\_\_\_\_ and my parents want me to be \_\_\_\_\_

The things I like most in my state \_\_\_\_\_ And in my country \_\_\_\_\_

My strength \_\_\_\_\_

and my weakness \_\_\_\_\_

My leisure hrs are spent by me \_\_\_\_\_

**'I'm TAGORIAN'** something to be proud of :

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

I am thankful to the God for :

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### MY ADVICE TO MY PARENTS

- Be firm with me
- Don't take pity on me
- Check me when I'm wrong
- Discipline is the highway of life
- Guide me, help me to form good habits
- **'Do No Comparison'** with anybody. I'm unique
- "Encouraging words" - will boost me to perform
- Be fit, stay positive, remain active – I have you as ideals of my life
- Don't even suggest that you are perfect or infallible. It gives me a great shock when I discover that you are neither.



## MY SCHEDULE AT MY HOME

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## ABSENCE

Date	No. of Days	Reason	Signature	
			Parent	Teacher



## MY STRENGTHS AND WEAKNESSES

Your remarks will make me aware.

Date	Comments	Sign of Teacher	Sign of Parent/Guardian









## MOTTO

योगः  
कर्मसु  
कौशलम्

## VISION

Ennobling  
the learning  
pursuits for  
Optimalisation.

## MISSION

Explore and  
exploit all resources  
to be skillful to  
attain flow of life

## BEST PRACTICES : TO GET THE STUDENTS INGRAINED WITH VALUES

- Develop 21 Century skills
- Learning/Memorizing/ Recitation of two English poems & ten invocatory shlokas every year
- If it is to be it is up to me/ Accepting the responsibility/ No excuses.
- Happy school - happy life
- Conscious doing/active learning/ mindfulness/Being alert
- Continuous consistent progress/ Evolve and improve/ Be proactive
- Fundamentals of each subject relevant to a class
- Peer learning/ Collaborative learning
- No procrastination.
- Understand and assimilate
- Value what you have/Express gratefulness/ Greet/Communicate
- Utilise resources/ Be a role model /Read a book
- Extra instructional time, everydaym for the students who struggle
- STEM – an integrated approach to teaching science, technology, engineering, and mathematics
- Integrating AI



## WIZARDS

We select experts/skillfuls of different areas and honor them at the end of the year. Students are trained, monitored, motivated and evaluated on regular basis – There are ten areas that we lay stress upon; named Academic Decathlon : • **Spelling** • **Reading** • **Pronunciation** • **Mental Math** • **GS** • **Fluency in English language** • **Science skill** • **Innovativeness** • **Recitation** • **Extempore speech.**

## CLUBS

Clubs are created to open up the students in a smaller group, for collaboration, Inclusive teaching & learning. You garner these **Key benefits** :-

- Improved Academic Performance
- Social Opportunities
- Higher self-esteem
- Learn Time Management
- Look good on resumes
- Learn essential life skills
- Enhances the sense of commitment
- Introduction to new views

**Different clubs that the child can take part in :**

- Community involvement
- Cultural & Social Awareness
- Dramatisation
- Knowledge Centre
- Eco
- Night sky observation
- Science and Innovative Photography
- Reading
- Dance
- Mental Math
- Adventure
- Art
- Computer

## LABORATORIES

Laboratories for **Physics, Chemistry, Biology, Mathematics, Computer Science** and **Geography** enhance understanding, learning, and collaboration of the students.

## ATL

To foster curiosity, creativity, and imagination in young minds; and inculcate skills such as design mindset, computational thinking, adaptive learning, physical computing etc.

## EXPOSURE

Visits to different places, corporate sectors, industries and entertainment events are organised on regular basis.

## ADMISSIONS

Are open for all irrespective of caste, community, colour or gender.

The child will appear for admission test as per the date marked on registration. Parents to complete the admission formalities within three days of the declaration of result. School prospectus along with the admission form can be received from the school office on payment.

**Classes** : **Nursery to class IX and XI**  
**First admission test on** : **Last Sunday of February**  
**Last admission on** : **last Sunday of March.**

## REGISTRATION

The application form for admission, detachable from the school prospectus, to be deposited in the office along with the registration fee. A registration number with the date of admission test will be allotted at the time of submission of admission form.

Get your child registered right now \_\_\_\_\_

Tel no. : 9053372024, 9466637070, 8708414709



## DOCUMENTS REQUIRED FOR ADMISSION

- SLC/TC alongwith Report Card/DMC signed by the Head of the Institution last attended and countersigned by the competent authority
- Date of birth certificate issued from Registrar of the births.
- Migration certificate from Board in case class X was passed from a Board other than CBSE.
- 3 copies of the PP size photograph of the student.
- Caste certificate if belongs to reserved category.
- Copy of Aadhar Card of the child and parents.

## We follow CBSE curriculum starting from class nursery to class XII SUBJECTS OFFERED

Classes	Subjects										
	Languages			Elective Subjects			Additional Subjects				
	Eng.	Hin.	Skt.	Maths	Sci.	S.S.	C.S.	G.K.	Moral Sci.	Art.	Reasoning
<b>Foundation</b>											
Pre-School	Y	Y	N	Y	N	N	N	Y	Y	Y	N
Class I & II	Y	Y	N	Y	Y	Y	Y	Y	Y	Y	Y
<b>Preparatory</b>											
(Classes III to V)	Y	Y	N	Y	Y	Y	Y	Y	Y	Y	Y
<b>Middle</b>											
(Classes VI to VIII)	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
<b>Secondary</b>											
IX and X	Y	Y	N	Y	Y	Y	Y	Y	Y	Y	Y
XI and XII	Y	Y	N	Y	Phy,	Accts.,	Y	Yoga,	Y	Y	Y
					Chem,	B.St,		Music			
					Bio,	Eco,		Psychology			
						Geo		Geog.			
								Eco.			
								Painting			

## ACADEMIC SESSION BEGINS ON 01 APRIL AND ENDS ON 31 MARCH OF THE ENSUING YEAR

**Age consideration :** A child of three yrs gets an entry at the foundation level.

Refer NEP 2020 or as per the directions of CBSE/ Education department of Haryana

**Teaching faculty :** We explore various means for selection of committed and meritorious teachers who could belong to any land and region.

**Curriculum :** We prepare our school curriculum for all the classes taking cues from CBSE curriculum. Teachers follow it since it's a guiding factor for them "What to teach".

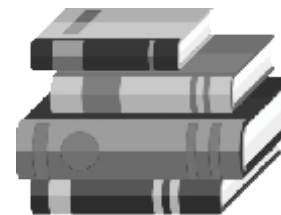
**Pedagogy :** Pedagogy is an answer to "How to Teach" the curriculum that has been designed by the subject experts. It also tells why to teach in a particular way.

**Academic Calendar :** It's a schedule of all the events and activities during an academic year. Academic calendar is prepared before the academic session starts and there could be some amendments or variations as per the needs.



## LIBRARY

The Library is one of the main centers of learning in any educational institution. Our library is well stacked and we make consistent efforts to update it to develop reading habits in the children. We also subscribe to a wide variety of periodicals, magazines and newspapers to keep students and staff informed of current happenings.



## NCC

- **NCC Air Wing** : Students get the benefit of **“NCC Certificate A”** awarded by NCC at the end of successful completion of two years course.
- **Objective** : To create a pool of trained, organized and motivated youth with various leadership qualities in every walk of their life and serve the Nation irrespective of career they choose.
- **School has NCC Air Wing** : students of classes VIII to X get the privilege of being a part of NCC and get all that exposure which Indian Air Force provides.
- **Motto of NCC** : Unity and Discipline
- **Motto of IAF** : Touch the sky with glory.



## YOGA

While yoga's central theme remains the highest goal of Physical, mental and spiritual path, Yoga practices give direct and tangible benefits to students and everyone, regardless of their lifestyle. In Tagore Senior Sec School, Barwa Students Learn various types of Yoga-asanas, Pranayama, Shat-karma, Mudra, Meditation and many more Yogic activities, also we conduct Yoga sessions of 45 min in the school assembly for students as well as for teachers.

### How yoga helps

- Reduces stress and anxiety
- Helps to manage weight
- Teaches correct breathing techniques
- Improves self-control and self-confidence
- Improves memory attention
- Improves flexibility, balance and posture
- Helps to bring peace of mind
- Strength of body, mind & intellect increases





## CULTURAL PROGRAM

Education is not just stuffing the mind of an individual with information but developing the child holistically. Cultural activities are essential and indispensable part of education. Parents look forward that the child is master of one skill and jack of all the skills. The old saying has been amended and the schools too have understood and adapted to this requirement and expectation of the parents. The schools mold the students holistically by exposing them to an array of activities along with academics.

## COMPUTERS

Computers are part and parcel of today's life style and it is very fruitful if the child is attuned to them step by step. Computer education is introduced in class I. Theory along with practical is taken and children are given exposure to **Artificial Intelligence**.

## HORSE RIDING

Recreational as well as for competitive sports. It hikes confidence, makes a person responsible.

## SPORTS AND RECREATIONS

Physical fitness is of great importance. To encourage this and team spirit all the students play the following games -

### INDOOR GAMES :

- Table Tennis
- Badminton
- Carrom
- Chess
- Gym

### OUT DOOR GAMES :

- Hand Ball
- Volley Ball
- Kho-Kho
- Kabaddi
- Athletics



## PICNIC & EDUCATIONAL TOUR

Regular picnics and educational tours for children upto class 5th are organized. Once a year an educational tour is also conducted.

## PROPOSALS

Indicative list of optional facilities and programs proposed to be offered in 2023-24

- NSS
- Skill development programs ie electronics, electrical, carpentry, pot making, beautician and cooking
- Special training in the field of: 21 c Skills, soft skills, TOEFL/IELTS.
- Sports facilities: Martial arts, Lawn Tennis, Archery
- Career cards to tell students what they can do after class X and class XII
- Career directory to inform where to contact for a particular career option

## EVALUATION

It's a feedback to teacher as well as student to ensure that they are doing all they can to achieve their potential. It helps in improving their learning experiences.

A constant and comprehensive evaluation takes place throughout an academic session. There are different tools and techniques utilized for this eg

**Exams** : first term in September and second term in March - Weightage 80 marks 40 for each term.

**Class tests/periodic tests** : at least three in each of the terms on completion of one month teaching or on completion of a set of topics. Weightage 10 marks.

Regular assignments, projects, activities, quizzes, group discussions, club activities, portfolios, symposiums and elocutions. Weightage 05 marks for notebooks and 05 marks for subject enrichment activities

**Total = 80 + 10 + 10 = 100.** A child has to score at least 40 marks in each of the subjects for being eligible to be promoted.



## MEDIUM OF INSTRUCTION : ENGLISH

However we take Hindi as the second language and Sanskrit the third language for classes VI to VIII

## SCHOOL UNIFORM

School has a prescribed uniform to be put on at all the time, when the child attends the school. Any violation will be taken as indiscipline and the child may be turned out of the school for the day or fined a penalty of **Rs. 20/-** for such violation. A repeated violation will be considered wilful disobedience and the child may be rusticated/expelled from the school.

**School Colour** : WHITE

**Colour of the Houses :**

- Bhagat - Yellow
- Kalpana - Blue
- Sarojini - Green
- Subhash - Pink

## CODE OF CONDUCT FOR STUDENTS

Any student found guilty of a serious breach of discipline will be summarily expelled from the school without any liability on the part of the institution.

In case of any legal involvement with the school, either by the student or by his/her parent/guardian, to safeguard the interests of other students and to maintain a healthy atmosphere in the school, the school authorities reserve the right to cancel the admission of the concerned student without any prior notice and the entire fee paid during the academic year shall be forfeited and even the entry of the child/parents will be restricted. The following shall constitute the breach of school discipline :

- Misconduct and moral turpitude.
- Non-payment of school dues.
- Non-adherence to school rules and regulations.
- Continuous absence for a fortnight without proper sanction of leave.
- Damage to the school property.
- Use of foul or abusive language.

## ATTENDANCE

We encourage punctuality and regularity. A child with 100% attendance is given a citation on Annual Result Declaration Day.

If a child remains absent from school without a proper sanction of leave, he will be fined Rs. 10/-per day. A continuous absence of 15 days or irregularity will get the name struck off the school rolls.

No leave will be sanctioned during examination.

**Leave :** In case parents want the child to miss the school, they are to write an application stating reasons for absence and get the leave sanctioned before the child has missed the school. If the circumstances are such that the parents have not been able to get the leave sanctioned, immediately on joining back an application to that effect is required to be written.

## TUITION FEE AND SCHOOL DUES

School tuition fee is to be paid on quarterly basis before 15th of every first month of the set. Defaults in payment will be treated as follows :

### Defaults of dates

- 1 to 15 of the First month of the quarter
- 16 to 20 of the first month of the quarter
- 21 to 25 of the first month of the quarter
- 26 to the last day of the First month of the quarter

### Pecuniary Penalty/Late fee fine

- No late fee fine
- Rs. 5/- per day
- Rs. 10/- per day
- Rs. 20/- per day

If the dues are not received till the last day of the First month, the name of child will automatically get struck off.



## WITHDRAWALS

When a child is admitted in the school, parents who desire to withdraw him/her are required to submit in writing at least one month in advance. After the application is received the child will be issued with a school TC on clearance of various dues of different faculties including the school dues. Security money once claimed in writing will further be sent to the parents by A/C Payee cheque in the name of the child after 30 days of the issuance of TC and after all the dues have been settled. If the security money is not claimed within six months of the withdrawal/striking off the name, it will automatically get forfeited.

## RE-ADMISSION

When the name of the student is struck off the rolls for any reason, whatsoever, the parents will have to seek re-admission if they are interested in it.

## SCHOOL TIMINGS

### Kindergarten Section

Summer	:	0800 Hrs to 1230 Hrs
Winter	:	0900 Hrs to 1330 hrs

### Class First onwards

Summer	:	0800 Hrs to 1400 Hrs
Winter	:	0900 Hrs to 1500 Hrs

## SCHOOL COLOURS & DISTINCTIONS

In order to distinguish and create exalted feeling, the distinction holders of various fields are awarded colours to be worn on their pockets. During winter they put on distinguishable blazers. These distinctions are created in Academic, Sports & Cultural fields and are applicable from class VI onwards.

## CRITERIA TO DECIDE THE DISTINCTION

<b>Academic</b>	:	95% and above score in aggregate at the Annual Examination - <b>PURPLE</b>
<b>Cultural &amp; Sports</b>	:	State representation in any of the fields - <b>NAVY BLUE</b>

(Sports colour holders will have a special symbol just above the school crest on their pockets.)

## SACROSANCT FOR STUDENTS

### Be Responsible for all your actions

- I am a good, gentle student
- I like to be a good citizen of my country so that I'm able to contribute for the positive growth of my motherland.
- I take a pride being dressed as "TAGORIAN"
- I'm always careful of my language, my manners and my character. Let me be exemplary for everyone.
- I'll attempt my day-to-day assignment with mindfulness.
- I'll hold my teachers in high esteem.
- Let me be '**Vigilant, Awakened, Vibrant**'.
- "My doing" is my trade-mark.

Under no circumstances I will infringe any of the laws of land either relating to my motherland or my school. In case it's inadvertently so, I'll accept all decisions taken against me for such violation. I will not seek any excuse because strong people don't seek any.

Signature : \_\_\_\_\_  
 Name : \_\_\_\_\_  
 Adm No. : \_\_\_\_\_  
 Date : \_\_\_\_\_



## PLEDGE

“India is my country and all Indians are my brothers and sisters.  
I love my country and I am proud of its rich and varied heritage.  
I shall always strive to be worthy of it.  
I shall give respect to my parents, teachers,  
and all elders and treat everyone with courtesy.  
To my country and my people, I pledge my devotion.  
In their well-being and prosperity alone, lies my happiness.”

## INVOCATIONS - Lr

ॐ सह नावतु ।  
सह नौ भुनक्तु ।  
सह वीर्यं करवावहै ।  
तेजस्विनावधीतमस्तु मा विद्विषावहै ।

गुरुर ब्रह्मा गुरुर विष्णु  
गुरुर देवो महेश्वरा ।  
गुरु साक्षात् परब्रह्मा  
तस्मै श्री गुरुवे नमः ॥

ॐ भूर्भुवः स्वः ।  
तत्सवितुर्वरेण्यं ।  
भर्गो देवस्यः धीमहि ।  
धियो यो नः प्रचोदयात् ॥

ब्रह्मानन्दं परमसुखदं केवलं ज्ञानमूर्तिं  
द्वन्द्वातीतं गगनसदृशं तत्त्वमस्यादिलक्ष्यम् ।  
एकं नित्यं विमलमचलं सर्वधीसाक्षिभूतं  
भावातीतं त्रिगुणरहितं सद्गुरुं तं नमामि ॥

## jK&ku

जन गण मन अधिनायक जय हे  
भारत भाग्य विधाता ।  
पंजाब सिन्ध गुजरात मराठा  
द्रविड़ उत्कल बंग ।  
विंध्य हिमाचल यमुना गंगा  
उच्छल जलधि तरंग ।  
तव शुभ नामे जागे  
तव शुभ आशीष मागे ।  
गाहे तव जयगाथा ।  
जन गण मंगलदायक जय हे  
भारत भाग्य विधाता ।  
जय हे, जय हे, जय हे  
जय जय जय जय हे ॥

## oækjē~

वंदे मातरम्, वंदे मातरम्!  
सुजलाम्, सुफलाम्, मलयज शीतलाम्,  
शस्यश्यामलाम्, मातरम्!  
वंदे मातरम्!  
शुभ्रज्योत्सनाम् पुलकितयामिनीम्,  
फुल्लकुसुमित द्रुमदल शोभिनीम्,  
सुहासिनीम् सुमधुर भाषिणीम्,  
सुखदाम् वरदाम्, मातरम्!  
वंदे मातरम्, वंदे मातरम् ॥

वंदे मातरम्: भारत का राष्ट्रीय गीत रचना, बंकिम चन्द्र चट्टोपाध्याय - 7 नवम्बर, 1876 ई. अरबिंदो घोष ने इस गीत का अंग्रेजी में और आरिफ मोहम्मद खान ने इसका उर्दू में अनुवाद किया। यह गीत स्वतंत्रता की लड़ाई में लोगों के लिए प्रेरणा का स्रोत था।





## ॠ

अज्ञान तिमिरान्धस्य ज्ञानाञ्जन शलाकया ।  
चक्षुरुन्मीलितं येन तस्मै श्री गुरवे नमः ॥



अखण्डमण्डलाकारं व्याप्तं येन चराचरम् ।  
तत्पदं दर्शितं येन तस्मै श्रीगुरवे नमः ॥



मूकं करोति वाचालं पङ्कं लङ्घयते गिरिं ।  
यत्कृपा तमहं वन्दे परमानन्द माधवम् ॥



ईशा वास्यमिदं सर्वं यत्किञ्च जगत्यां जगत् ।  
तेन त्यक्तेन भुञ्जीथा मा गृधः कस्यस्विद्धनम् ॥



नमस्ते सते ते जगत्कारणाय नमस्ते चित्ते  
सर्वलोकाश्रयाय ।

नमोऽद्वैततत्त्वाय मुक्तिप्रदाय नमो ब्रह्मणे व्यापिने  
शाश्वताय ॥2 ॥



त्वमेव माता च पिता त्वमेव, त्वमेव बंधुश्च सखा त्वमेव ।  
त्वमेव विद्या द्रविणं त्वमेव, त्वमेव सर्वम् मम देव देव ॥



संगच्छध्वं संवदध्वं  
सं वो मनांसि जानताम्  
देवा भागं यथा पूर्वं  
सञ्जानाना उपासते ॥



ॐ असतो मा सद्गमय ।  
तमसो मा ज्योतिर्गमय ।  
मृत्योर्मा अमृतं गमय ।  
ॐ शान्तिः शान्तिः शान्तिः ॥



## ॐ

ॐ पूर्णमदः पूर्णमिदं पूर्णात् , पूर्णं मुदच्यते,  
पूर्णस्य पूर्णमादाय, पूर्णं मेवा वशिष्यते ।  
ॐ शांतिः शांतिः शांतिः ईश उपनिषद् ॥

ओ३म् है जीवन हमारा, ओ३म् प्राणाधार है ।  
ओ३म् है कर्ता विधाता, ओ३म् पालनहार है ॥1 ॥  
ओ३म् है दुःख का विनाशक, ओ३म् सर्वानन्द है ।  
ओ३म् है बल तेज धारी, ओ३म् करुणाकन्द है ॥2 ॥  
ओ३म् सबका पूज्य है हम ओ३म् का पूजन करें ।  
ओ३म् ही के ध्यान से हम शुद्ध अपना मन करें ॥3 ॥  
ओ३म् के गुरुमन्त्र जपने से रहेगा शुद्ध मन ।  
बुद्धि नित प्रतिदिन बढ़ेगी धर्म में होगी लगन ॥4 ॥  
ओ३म् के जप से हमारा ज्ञान बढ़ता जायेगा ।  
अन्त में प्रिय ओ३म् हमको मोक्ष—पद पहुँचायेगा ॥5 ॥

## bruh kDr geasikrk

इतनी शक्ति हमें देना दाता, मनका विश्वास कमजोर हो ना ।  
हम चलें नेक रास्ते पे हमसे, भूलकर भी कोई भूल हो ना ।

दूर अज्ञान के हो अन्धेरे, तू हमें ज्ञान की रौशनी दे ।  
हर बुराई से बचके रहें हम, जितनी भी दे, भली जिन्दगी दे ।  
बैर हो ना किसी का किसी से, भावना मन में बदले की हो ना ।  
हम न सोचें हमें क्या मिला है, हम ये सोचें किया क्या है अर्पण ।  
फूल खुशियों के बाटें सभी को, सबका जीवन ही बन जाये मधुबन ।  
अपनी करुणा को जब तू बहा दे, कर दे पावन हर इक मन का कोना ।  
हम चलें नेक.....

हर तरफ़ जुल्म है बेबसी है, सहमा-सहमा-सा हर आदमी है ।  
पाप का बोझ बढ़ता ही जाये, जाने कैसे ये धरती थमी है ।  
बोझ ममता का तू ये उठा ले, तेरी रचना का ये अन्त हो ना ।  
हम चलें नेक.....

—अभिलाष



## श्लोकाः

सरस्वती नमस्तुभ्यं वरदे कामरूपिणी ।  
विद्यारम्भं करिष्यामि सिद्धिर्भवतु मे सदा ॥

नाहं वसामि वैकुण्ठे योगिनाम हृदये न च ।  
मद्भक्ता यत्र गायन्ति तत्र तिष्ठामि नारदः ॥

वासुदेव सुतं देवं कंस चाणुरमर्दनम् ।  
देवकी परमानन्दम् कृष्णं वन्दे जगत गुरुम् ॥

सत्यमेवेश्वरो लोके सत्यं पद्मासमाश्रिता ।  
सत्यमूलानि सर्वाणि सत्यान्नास्ति परमपदम् ॥

धर्माऽधर्मौ सुखं दुःखं मानसानि न ते विभो ।  
न कर्ताऽसि न भोक्ताऽसि मुक्त एवासि सर्वदा ॥

न त्वं विप्रादिको वर्णो नाश्रमी नाक्षगोचरः ।  
असङ्गोऽसि निराकारो विश्वसाक्षी सुखी भव ॥

प्रशान्तचित्ताय जितेन्द्रियाय च प्रहीणदोषाय यथोक्तकारिणे ।  
गुणान्वितायानुगताय सर्वदा प्रदेयमेतत् सततं मुमुक्षवे ॥

येषां न विद्या न तपो न दानं, ज्ञानं न शीलं न गुणो न धर्मः ।  
ते मर्त्यलोके भुविभारभूता, मनुष्यरूपेण मृगाश्चरन्ति ॥





, eklyd rjssuhge

ऐ मालिक तेरे बन्दे हम,  
ऐसे हों हमारे करम।  
नेकी पर चलें और बदी से टलें,  
ताकि हंसते हुए निकले दम ॥

ये अँधेरा घना छा रहा  
तेरा इंसान घबरा रहा।  
हो रहा बेखबर, कुछ न आता नजर  
सुख का सूरज छुपा जा रहा।  
है तेरी रौशनी में जो दम  
तू अमावास को कर दे पूनम।  
नेकी पर चलें और बदी से टलें  
ताकि हंसते हुए निकले दम ॥  
ऐ मालिक तेरे बन्दे हम

जब जुल्मों का हो सामना  
तब तू ही हमें थामना।  
वो बुराई करे हम भलाई भरें  
नहीं बदले की हो कामना।  
बढ़ उठे प्यार का हर कदम  
और मिटे बैर का ये भरम।  
नेकी पर चलें और बदी से टलें  
ताकि हंसते हुए निकले दम ॥  
ऐ मालिक तेरे बन्दे हम

बड़ा कमजोर है आदमी  
अभी लाखों हैं इसमें कमी।  
पर तू जो खड़ा है दयालू बड़ा  
तेरी किरपा से धरती थमी।  
दिया तूने हमे जब जनम  
तू ही झेलेगा हम सबके गम।  
नेकी पर चलें और बदी से टलें  
ताकि हंसते हुए निकले दम ॥  
ऐ मालिक तेरे बन्दे हम

- भारत व्यास

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दूसरों की जय से पहले, खुद की जय करें।  
हम को मन की शक्ति देना ॥

भेद-भाव अपने दिल से, साफ़ कर सकें।  
दूसरों से भूल हो तो, माफ़ कर सकें।  
झूठ से बचे रहें, सच का दम भरें।  
दूसरों की जय से पहले, खुद की जय करें।  
हम को मन की शक्ति देना ॥

मुश्किलें पड़ें तो हमपे, इतना कर्म कर।  
साथ दें तो धर्म का, चलें तो धर्म पर।  
खुद पे हौसला रहे, सच का दम भरें।  
दूसरों की जय से पहले, खुद की जय करें।  
हम को मन की शक्ति देना ॥

- गुलज़ार

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प्रभु मेरे अवगुण चित ना धरो।  
समदर्शी प्रभु नाम तिहारो, चाहो तो पार करो ॥  
एक लोहा पूजा मे राखत, एक घर बधिक परो।  
सो दुविधा पारस नहीं देखत, कंचन करत खरो ॥  
एक नदिया एक नाल कहावत, मैलो नीर भरो।  
जब मिलिके दोऊ एक बरन भये, सुरसरी नाम परो ॥  
एक माया एक ब्रह्म कहावत, सुर श्याम झगरो।  
अबकी बेर मोही पार उतारो, नहि पन जात तरो ॥

- सुरदास



## यगिह संय्दज उलकि ल्क उगय्श

लहरों से डर कर नौका पार नहीं होती,  
कोशिश करने वालों की कभी हार नहीं होती।  
नहीं चींटी जब दाना लेकर चलती है,  
चढ़ती दीवारों पर, सौ बार फिसलती है ॥

मन का विश्वास रगों में साहस भरता है,  
चढ़कर गिरना, गिरकर चढ़ना न अखरता है।  
आखिर उसकी मेहनत बेकार नहीं होती,  
कोशिश करने वालों की कभी हार नहीं होती ॥

डुबकियां सिंधु में गोताखोर लगाता है,  
जा जा कर खाली हाथ लौटकर आता है।  
मिलते नहीं सहज ही मोती गहरे पानी में,  
बढ़ता दुगना उत्साह इसी हैरानी में ॥

मुट्टी उसकी खाली हर एक बार नहीं होती।  
कोशिश करने वालों की कभी हार नहीं होती ॥

असफलता एक चुनौती है,  
इसे स्वीकार करो, क्या कमी रह गई,  
देखो और सुधार करो।  
जब तक न सफल हो, नींद चैन को त्यागो तुम,  
संघर्ष का मैदान छोड़ कर मत भागो तुम ॥

कुछ किये बिना ही जय जय कार नहीं होती,  
कुछ किये बिना ही जय जय कार नहीं होती,  
कोशिश करने वालों की कभी हार नहीं होती ॥



- हरिवंश राय बच्चन

## नैस्त दु न्कदह द्कि द्किरह

उठो जवान देश की वसुंधरा पुकारती,  
ये देश है पुकारता, पुकारती माँ भारती।  
रगों में तेरे बह रहा है खून राम-श्याम का,  
जगद्गुरु गोविन्द और राजपूती शान का।  
तू चल पड़ा तो चल पड़ेगी साथ तेरे भारती,  
ये देश है पुकारता, पुकारती माँ भारती ॥  
है शत्रु दनदना रहा चहुँ दिशा में देश की,  
पता बता रही हमे किरण किरण दिनेश की।  
वो चक्रवर्ती विश्वजयी मातृभूमी हारती,  
ये देश है पुकारता, पुकारती माँ भारती ॥  
उठा कदम, बढ़ा कदम, कदम-कदम बढ़ाये जा,  
कदम-कदम पे दुश्मनों के धड़ से सर उड़ाए जा।  
उटेगा विश्व हाँथ जोड़ करने तेरी आरती,  
ये देश है पुकारता, पुकारती माँ भारती ॥  
उठो जवान देश की वसुंधरा पुकारती।

- चेतना के स्वर

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सूरज बदले, चंदा बदले, बदले चाहे ध्रुवतारा,  
पर भारत की आन न बदले, यह संकल्प हमारा ॥  
उन्नत शीर्ष हिमालय जिसका, वह झुकना क्या जाने,  
जो शकारि रिपु-दमन विजेता, वह डरना क्या जाने,  
अब संभले वह शत्रु नराधम, जिसने है ललकारा ॥1 ॥  
देवासुर-संग्राम जयी जो, महाबली जगन्नाता,  
रावण कंस असुर संहारक, सत्य धर्म निर्माता,  
इस स्वदेश के हम सपूत हैं, साक्षी है जग सारा ॥2 ॥  
मिली चुनौती जब भी हमको, उसे सदा स्वीकार किया,  
शीघ्र चढ़ाकर मातृभूमि का, नित्य नया श्रृंगार किया,  
यही शक्ति अब भी अक्षय है, बदलेंगे युग-धारा ॥3 ॥

- चेतना के स्वर



## PRAYER

(1)

Where the mind is without fear  
and the head is held high;

Where knowledge is free;

Where the world has not been broken up  
into fragments by narrow domestic walls;

Where words come out from the depth of truth;  
Where tireless striving stretches its arms toward  
perfection;

Where the clear stream of reason has not lost its way  
into the dreary desert sand of dead habit;

Where the mind is led forward by Thee  
into ever-widening thought and action —

Into that heaven of freedom,  
my Father, let my country awake.

- *Rabindranath Tagore*

(2) **If by Rudyard Kipling**

If you can keep your head when all about you  
Are losing theirs and blaming it on you,

If you can trust yourself when all men doubt you,  
But make allowance for their doubting too;

If you can wait and not be tired by waiting,  
Or being lied about, don't deal in lies,

Or being hated, don't give way to hating,  
And yet don't look too good, nor talk too wise:

If you can dream—and not make dreams your master;  
If you can think—and not make thoughts your aim;

If you can meet with Triumph and Disaster  
And treat those two impostors just the same;

If you can bear to hear the truth you've spoken  
Twisted by knaves to make a trap for fools,

Or watch the things you gave your life to, broken,  
And stoop and build 'em up with worn-out tools:

If you can make one heap of all your winnings  
And risk it on one turn of pitch-and-toss,

And lose, and start again at your beginnings  
And never breathe a word about your loss;

If you can force your heart and nerve and sinew  
To serve your turn long after they are gone,

And so hold on when there is nothing in you  
Except the Will which says to them: 'Hold on!'

If you can talk with crowds and keep your virtue,  
Or walk with Kings—nor lose the common touch,

If neither foes nor loving friends can hurt you,  
If all men count with you, but none too much;

If you can fill the unforgetting minute  
With sixty seconds' worth of distance run,

Yours is the Earth and everything that's in it,  
And—which is more—you'll be a Man, my son!

(3) **A Psalm of Life**

(What the Heart of the Young Man said  
to The Psalmist.)

Tell me not, in mournful numbers,  
Life is but an empty dream!  
For the soul is dead that slumbers,  
And things are not what they seem.

Life is real! Life is earnest!  
And the grave is not its goal;  
Dust thou art, to dust thou returnest,  
Was not spoken of the soul.



## PRAYER

Not enjoyment, and not sorrow,  
Is our destined end or way;  
But to act, that each tomorrow  
Find us farther than today.

Art is long, and Time is fleeting,  
And our hearts, though stout and brave,  
Still, like muffled drums, are beating  
Funeral marches to the grave.

In the world's broad field of battle,  
In the bivouac of Life,  
Be not like dumb, driven cattle!  
Be a hero in the strife!

Trust no Future, howe'er pleasant!  
Let the dead Past bury its dead!  
Act, - act in the living Present!  
Heart within, and God o'erhead!

Lives of great men all remind us  
We can make our lives sublime,  
And, departing, leave behind us  
Footprints on the sands of time;

Footprints, that perhaps another,  
Sailing o'er life's solemn main,  
A forlorn and shipwrecked brother,  
Seeing, shall take heart again.

Let us, then, be up and doing,  
With a heart for any fate;  
Still achieving, still pursuing,  
Learn to labor and to wait.

**- HENRY WADSWORTH LONGFELLOW**

### (5) KING OF THE WORLD

King of the world We thank thee for the beginning of a new  
day For the dim twilight The glowing sunrise For the new  
hopes And the new opportunities For the new  
consciousness Of thine abiding care Give us courage and  
strength For our work to-day Give us steadfastness of  
purpose, Patience and humility. And help us to speak the truth

**- John Clinch**

### (6) CREATOR OF LIFE AND LIGHT

Creator of life and light, we thank Thee this day for the  
beauty of this world, for sunshine and flowers, storm  
cloud and starry night, for the first radiance of dawn and  
the last smouldering glow of the sunset. We thank Thee  
for physical joy, for the ecstasy of swift motion, for deep  
water to swim in, for the goodly smell of rain on dry ground,  
for hills to climb, and hard work to do, for all skill of hand  
and eye, for music that lifts our hearts in one breath to  
heaven, and for the hand grasp of a friend.

**- JS Hoyland**

### (7) St. Francis of Assisi : Make me an instrument of your peace

Lord, make me an instrument of your peace.  
Where there is hatred, let me sow love;  
where there is injury, pardon;  
where there is doubt, faith;  
where there is despair, hope;  
where there is darkness, light;  
and where there is sadness, joy.

O Divine Master, grant that I may not so much seek  
to be consoled as to console;  
to be understood as to understand;  
to be loved as to love.

For it is in giving that we receive;  
it is in pardoning that we are pardoned;  
and it is in dying that we are born to eternal life.

Amen.



## PRAYER

### (8) THE LORD'S PRAYER

Our Father who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, lead us not into temptation, but deliver us from evil. Amen!

### (9)

The day returns and brings us back to our round of duties. Help us to play the man; help us to perform our task with laughter and kind faces; let cheerfulness abound with industry. Help us to go blithely on our business all this day; bring us to our resting beds weary and content and undishonoured, and grant us in the end the gift of sleep.

- *RL Stevenson*

### (10) Traditional Happy Birthday Song Lyrics

Happy Birthday to You  
Happy Birthday to You  
Happy Birthday Dear (name)  
Happy Birthday to You.

From good friends and true,  
From old friends and new,  
May good luck go with you,  
And happiness too.

### (11) We Shall Overcome

We shall overcome  
We shall overcome  
We shall overcome some day  
Oh deep in my heart  
I do believe  
We shall overcome some day

We'll walk hand in hand  
We'll walk hand in hand  
We'll walk hand in hand some day  
Oh deep in my heart  
I do believe  
We'll walk hand in hand some day

We are not afraid  
We are not afraid  
Oh deep in my heart  
I do believe  
We are not afraid today

We shall live in peace  
We shall live in peace  
We shall live in peace some day  
Oh deep in my heart  
I do believe  
We shall live in peace some day.

### (12) Oath (SPORTS)

“We swear that we will take part in the inter school sports and games competitions, respecting the regulations which govern them and with the desire to participate in the true spirit of sportsmanship for the honour of our school and for the glory of sport.

### (13) Oath (Students' Council)

I \_\_\_\_\_ do swear in the name of God –

- That I will bear true faith and allegiance to the rules & regulations of the school as by ethics and standards established
- That I will uphold the integrity of my school
- That I will faithfully & conscientiously discharge my duties as a student council member,
- That I will do right to all the students without fear, prejudice or ill will.

Jai Hind.



# A dream school for new age learners in Academics, Sports, Cultural and Spiritual

## What we offer.....

**Career Counselling&Preparations for admissions to IIT JEE, NEET, CUET, NIFTs, NTSE, NDA, IPM, CLAT, CA foundation, IELTS/TOEFL**

**One foreign language out of French, German, Spanish, and Foundation course,**

### **CUET (Common University Entrance Test) :**

The NTA administers the CUET, for UG Admissions at > 90 universities, 45 Central Universities (DU, JNU, Hyderabad University & Allahabad University.

### **NTSE :**

NTSE provides weightage for jobs, is helpful for interviews, scholarship , preference IN STUDY ABROAD.

### **Olympiads :**

Sharpen analytical skills, analyze subject's strengths and weaknesses, build self-confidence, Future talent pool, Stepping stones for competitive exam, Profile building, concepts get developed.

### **Residential facility for 50 Boys :**

Current and growing academic need, distractions at home, we accommodate students' lodging, dining, and academic requirements.

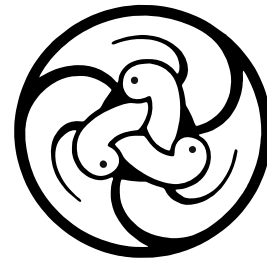
Students live under the guidance of their mentors, holistic environment. A taste of social life.



**(CUET)**

COMMON UNIVERSITY ENTRANCE TEST

विद्ययाऽमृतमश्नुते



**एन सी ई आर टी  
NCERT**







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# TAGORE

## SENIOR SECONDARY SCHOOL



A Premier, Senior Secondary, English Medium, Co-educational, CBSE Affiliated Day-cum-Residential School

Barwa, Siwani Mandi, 25 KM stone Hisar-NH 52 (Haryana)

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कर्मसु

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